

Lemon AID

MAKE A STAND FOR CLEAN WATER

Hey Kids! Are you ready to join us in making a stand for clean water for kids just like you across Africa?

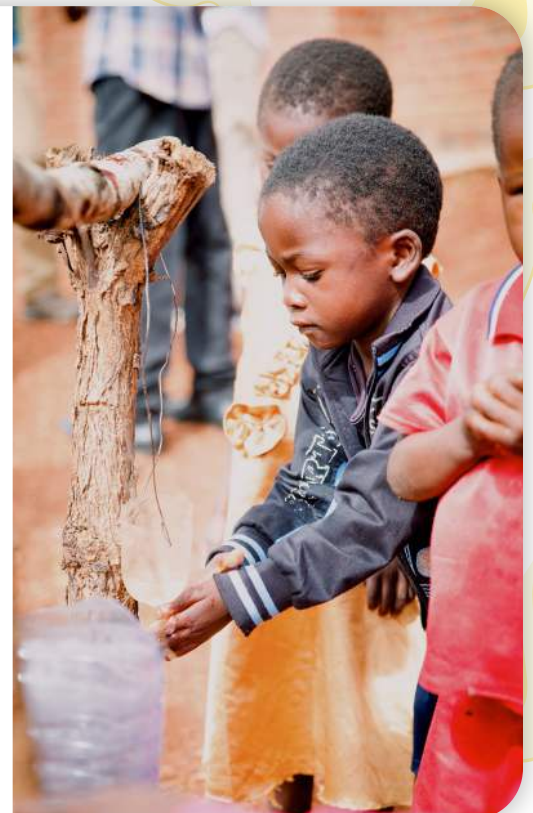
WHAT IS INCLUDED IN YOUR KIT:

- A how-to guide with delicious recipes
- Flyer/poster you can print and distribute in your neighborhood
- Menu for you to display lemonade prices (You can also sell baked goods!)
- Banner you can use to decorate your stand
- Coloring pages

DID YOU KNOW?

- Over 400 million people in sub-Saharan Africa do not have access to clean drinking water
- Women and young girls spend 200 million hours every day collecting water
- Millions of kids have to miss school because of waterborne illnesses

But you can make a difference with your Lemonade stand. That's because \$40 can provide a kid, just like you, with access to clean water for life!





HOW TO HAVE A SUCCESSFUL LEMON:AID STAND:

PREPARATION:

- Decide on a date and location for your lemonade stand
- Print out a few posters and fill them out with the date and time
- Pass them out throughout your neighborhood and to friends and family
- Use the coloring pages to design your stand
- Compile all the supplies and ingredients you will need. Here are a few:
 - A table
 - Recipe ingredients
 - A jar or box to keep your money in
 - Pitchers
 - Disposable cups
 - Ice

DAY OF STAND:

- Set up your table outside and decorate it
- Print and cut out the banner that spells "Lemon:Aid" and tape them to your stand
- You might also want to make a few posters that you can place on corners in your neighborhood so cars passing by see you're having a lemonade stand today
- Tell people why you're hosting a lemonade stand and how you're going to be helping kids just like you get access to clean water!
- Don't forget to take a lot of pictures of your stand, so we can show everyone how creative you are.

AFTER:

- When the last drop of lemonade is gone, count up how much money you raised and see how many people your stand will be helping!
- Send in your donation at the address below or through our [online portal](#) and together we will turn it into clean water!

ADDRESS: Blood:Water
P.O. Box 60381
Nashville, TN 37206

ONLINE:
Make a donation [HERE](#).

RECIPES:

Feel free to double or triple depending on how much lemonade you'd like to make.

ORIGINAL:



INGREDIENTS:

- 4 CUPS OF WATER
- 1 CUP FRESH LEMON JUICE
- 3/4 CUP SUGAR
- 4 CUPS ICE

Combine water and sugar in a medium saucepan over medium-high heat. Bring to a boil; reduce heat, and simmer for 3 minutes. Once the sugar has dissolved, add in the lemon juice and remove from heat. Let cool in the refrigerator for an hour, or as needed.

PEACH LEMONADE:



INGREDIENTS

- 4 CUPS OF WATER
- 2 CUPS OF CHOPPED PEACHES
- 3/4 CUP SUGAR
- 1 CUP FRESH LEMON JUICE
- 4 CUPS ICE
- 1 PEACH, PITTED & CUT INTO 8 WEDGES

STEP 1: Combine water, peaches and sugar in a medium saucepan over medium-high heat. Bring to a boil; reduce heat, and simmer for 3 minutes. Place peach mixture in a blender; let stand for 20 minutes. Remove center piece of blender lid (to allow steam to escape); secure blender on base. Place a clean towel over opening in the blender lid. Blend until smooth. Pour into a large bowl. Refrigerate for at least 3 hours.

STEP 2: Press peach mixture through a sieve over a bowl, reserving liquid; discard solids. Stir in lemon juice. Pour about 2/3 cup lemonade into each glass with ice; garnish each glass with 1 peach wedge.

SPARKLING STRAWBERRY:



INGREDIENTS:

- 1 1/2 CUPS CHOPPED STRAWBERRIES
- 1 CUP FRESHLY SQUEEZED LEMON JUICE
- 4 CUPS COLD SPARKLING WATER OR SODA
- 1 CUP BOILING WATER
- 1/2 CUP SUGAR
- 2 TBSP. WATER
- 2 TBSP. SUGAR

Puree the strawberries, sugar and (2 Tbsp.) water together in a blender or food processor until smooth. Remove and strain through a fine-mesh strainer if desired, or you can leave the seeds and pulp in.

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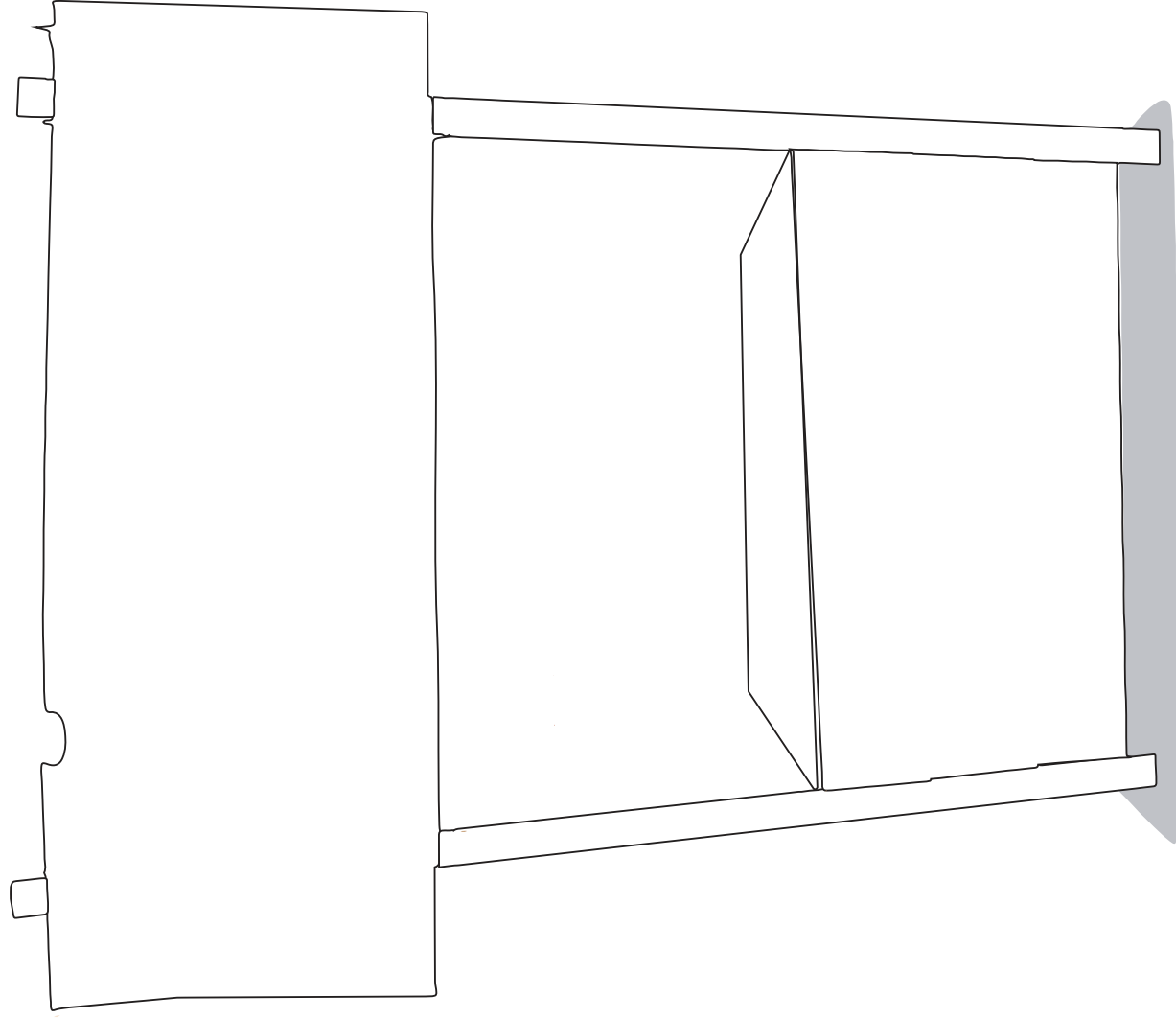
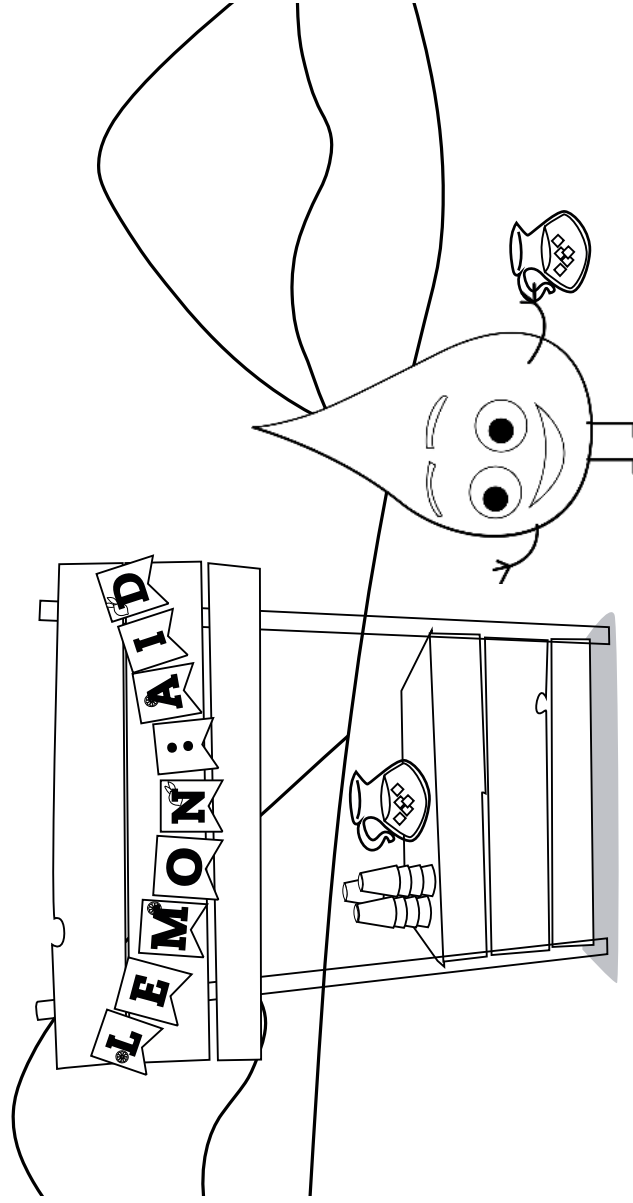
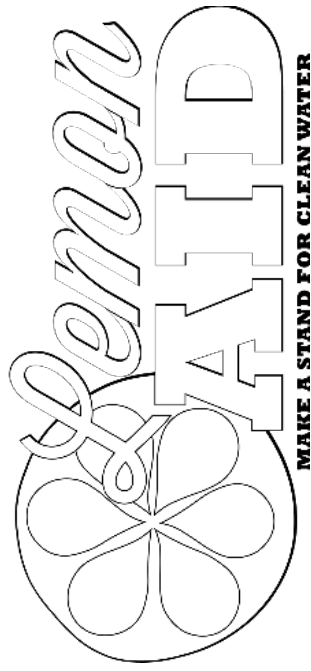
COME VISIT MY LEMON:AID STAND!

Stop by to quench your thirst and the thirst of kids across Africa. Together, we can make a stand for clean water!

WHEN:

WHERE:

Design your own stand!





MENU

