

Let Lulu help you introduce the concept of charity to the special child in your life with these engaging activities. Follow along with each section and talk to your child about living a compassionate life.

Meet Lulu

Lulu is a young girl who lives in Africa. Her home doesn't have any running water, which means no sinks or faucets, and no fridge dispenser to get water from.

To help her mother and her family, every morning Lulu leaves her home with a big jug, and walks a couple of miles to fill her jug from a muddy pond and bring it back home. It takes so much time that Lulu does not get to go to school. But it's impossible to live without water, so Lulu makes this journey every day.

Let's get the conversation started!

Use these questions to get your kids thinking about their own journeys for water.

- How do we get water?
- How do our pets get water?
- Have you ever needed water and not been able to get some?
- Have you ever had to drink dirty water? Or take a bath in dirty water?
- How does Lulu get water in the story?
- Is her water clean or dirty?
- Do you think drinking dirty water makes Lulu feel sick?



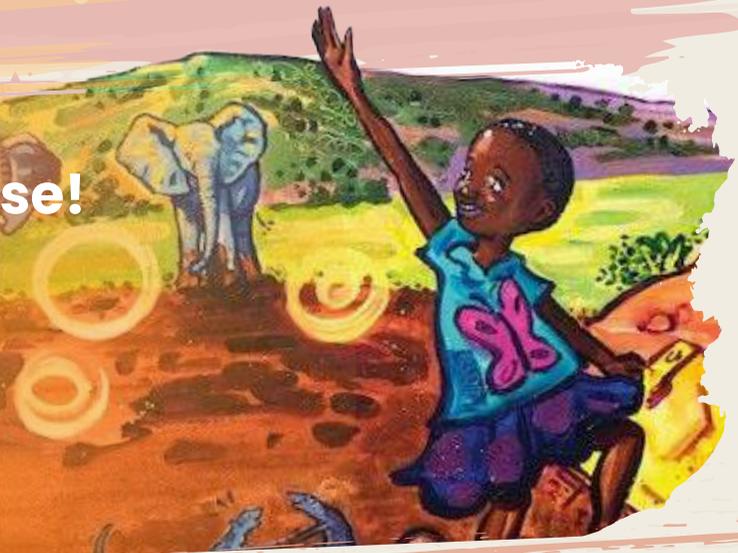
Let's do a visual activity!

Together, color and decorate the two coloring pages included and read the corresponding text. These pages talk about the things Lulu has to give up to get water for her and her family.



Now for a fun, active exercise!

Use a timer, or count out loud, as your child gets a cup of water to drink. Have them grab their favorite cup, fill it up, and bring it back to you. Then compare their time with how long it takes children like Lulu to get water to drink. You can add in getting water for a pet too if you have one.





Now that your child has a better understanding of how different children around the world access water, you can talk about how to make a difference. Here are a few ways you can take what you've learned together and turn it into action.

Do a Fundraiser!

In the story, Lulu is named after a real girl who decided she wanted to help kids have access to clean water, so she started the "Lemon:Aid Warriors!" Learn how you can be a Lemon:Aid Warrior [here](#).

Lots of kids (and adults too!) have chosen to help others with their birthday celebration. In place of gifts, you can invite your friends to make a donation to help provide clean water for kids in Africa! Learn more [here](#).

Donate your birthday

Spreading Awareness

You can help by teaching others what you've learned today. Tell your friends about Lulu, tell your aunts and uncles! Let them know that they can help too by going to [BloodWater.org](#) to learn more and make a donation.

Blood:Water works with local African organizations to teach families and communities about clean water, and proper sanitation and hygiene. Through this work, kids like Lulu are able to have clean water and go to school!

Provide education to communities in Africa like Lulu's



"Little girls should not have
to carry water."



Little girls should
go to school and
dance and play."



"No," Lulu said. "No, not today.
I have to get water from
far, far away."